

# Public Notice: School Lead Water Sample Results

## Information concerning the lead level results for drinking water samples taken at Dexter Regional High School

name of school

Maine law requires schools to test all drinking water faucets that could be used for drinking or cooking purposes for the presence of lead. This law further requires that parents and staff are made aware of all of the sample results.

During the period of 3/30/22 to 3/30/22  
begin date end date

Water samples were collected from 15 water fixtures.  
locations

*Any sites producing elevated levels of lead (exceeding 4 parts per billion, or ppb), and therefore the faucets of most concern, are listed in the table on the following page(s).*

**Results for all drinking water outlets tested can be viewed here:**

[www.aos94.org](http://www.aos94.org)

Enter website address or physical location

Statewide test results for Maine schools can also be found on the Maine DWP website at: [www.medwp.com/schools.html](http://www.medwp.com/schools.html)

**How does lead get into the water?** When lead is present in water, it typically leaches, or dissolves, into water flowing through plumbing and fixtures *inside* a building from sources such as solder, pipes, or the faucets themselves. The school's well water or water provided by your local water district are unlikely sources of lead.

**What are the Health Effects of exposure to lead in drinking water?** Infants and children who drink water containing high levels of lead can experience delays in their physical or mental development. Children could show slight deficits in attention span and learning abilities. Adults who drink water containing excess levels of lead over many years could develop kidney problems or high blood pressure.

**What level of lead is safe?** No level of lead is safe. Because of the potential serious health risks, both the Environmental Protection Agency (EPA) and the U.S. Centers for Disease Control and Prevention (CDC) agree that there is no known safe level of lead in a child's blood.

Please be aware that this sampling is done under conditions that are optimal for identifying lead in water. By having the water sit unused for many hours, lead that might be leaching from pipes or fittings is more easily discovered. However, *these levels are likely not the level of lead present in the drinking water throughout the school day.*

**What can I do?** Here are a few steps you can take to reduce the risk of your child being exposed to lead through school drinking water:

- Provide your child with bottled water or water from your home to reduce their usage of school drinking water outlets. Be sure to sample your home water for lead, too.
- Remind your child to let the water run for 30 seconds before drinking or filling a water bottle at school, which will lower any possible lead concentration.
- Consult your doctor if you have any specific health concerns.

## School Fixtures with Elevated Lead Results (exceeding 4 parts per billion)

*\*Additional tables may be attached if your school has more than 20 collection sites with elevated lead levels.*

	Collection Date	Collection Site	Concentration (ppb)
1	3/30/22	Lobby Fountain	50.9
2	3/30/22	Girls Locker Room Sink	4.4
3	3/30/22	Main Office Sink	5.7
4	3/30/22	Main Hall Fountain	16.4
5	3/30/22	Room 109 Sink	6.1
6	3/30/22	Room 109 Bathroom Sink	6.0
7	3/30/22	Fountain by Room 104	58.1
8	3/30/22	Upstairs Fountain	61.0
9	3/30/22	Upstairs Custodian Room Sink	6.8
10	3/30/22	Downstairs Custodian Room Sink	8.0
11	3/30/22	Kitchen 3-Bay Sink	25.7
12	3/30/22	Kitchen 2-Bay Sink	14.6
13			
14			
15			
16			
17			
18			
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20			

### What is Being Done:

To correct the problem(s), we have taken these actions:

Shut off impacted water fountains and will replace with new water bittle fill stations.  
Established a plan to replace faucets in the impacted sinks.

Future plans for the reduction of high lead levels in our drinking water include:

Increased water usage in the fountains post Covid 19 Pandemic.

These actions are expected to be completed on: 12/30/2022 (Date)



## Information about Lead in Drinking Water for Students, Staff, and Parents



### Health Effects of Lead

If too much lead enters your body from drinking water or other sources, serious health problems can occur, including damage to the brain and kidneys and interference with the production of oxygen-carrying red blood cells.

The greatest risk of lead exposure is to infants, young children, and pregnant women: During pregnancy, the fetus receives lead from the mother, which may affect brain development. In children, the continuing effects of lead on the brain have been linked to lowered IQ. Furthermore, lead is stored in the bones and can be released later in life, so, adults who were exposed to high levels of lead earlier in life may still encounter kidney problems and high blood pressure.

### Sources of Lead

Lead can be found in many places; knowing the sources of lead can help limit your contact with it. Although most of the reported cases of lead poisoning in Maine have been a result of lead paint dust, exposure can also occur through drinking and cooking with water that has lead, as it can dissolve into water from solder or brass faucets, fittings, and valves. Exposure to lead can also come from jobs and hobbies that utilize materials containing lead, as well as from things you buy such as toys and antiques.

### How Lead Got into Your Water

The most likely source of lead in your water is leaching from lead solder on your pipes or out of brass plumbing materials found in faucets, fittings, and valves.

### Steps You Can Take to Protect Yourself from Lead in Drinking Water

- Run the water for at least 30 seconds or until it becomes noticeably colder before using it for drinking or cooking. The longer water sits in piping, the greater the chance that lead might leach in.
- Use cold water for drinking and cooking as well as for preparing baby formula. Hot water dissolves lead more quickly than cold water.
- Clean your faucet aerator (screen) regularly.
- Consider using bottled water or a water filter for drinking and cooking.

\* Remember: Boiling the water does *not* reduce lead levels.

### Find Out More

For more information on reducing lead exposure around your home/building and the health effects of lead, visit EPA's website at <http://www.epa.gov/lead>, or contact the Maine Childhood Lead Poisoning Prevention Program (866-292-3474) or your health care provider. Your doctor can answer questions about having your child tested for lead.



# A & L LABORATORY

A DIVISION OF GRANITE STATE ANALYTICAL SERVICES, LLC.

155 Center Street, Building C, Auburn, Maine 04210  
Phone (207) 784-5354 website [www.allaboratory.com](http://www.allaboratory.com)

## Laboratory Report

Dexter Regional High School  
12 Abbott Hill Rd  
Dexter, ME 04930

Date Printed: 05/09/2022  
Work Order #: 2204-00243  
Client Job #: 799  
Date Received: 04/04/2022  
Sample collected in: Maine

Attached please find results for the analysis of the samples received on the date referenced above.

Unless otherwise noted in the attached report, the analyses performed met the requirements of the analyzing laboratory's Quality Assurance Plan, Standard Operating Procedures and State Accreditation. This certificate shall not be reproduced, except in full, without the written approval of the analyzing laboratory. The results presented in this report relate to the samples listed on the following pages in the condition in which they were received. Accreditation for each analyte is identified by the \* symbol following the analyte name. Location of our analyzing laboratory is identified by the code in the Analyst Column.

**A & L Laboratory:**  
*Identified by ME in Analyst Column*  
155 Center Street, Auburn, Maine 04210  
[www.allaboratory.com](http://www.allaboratory.com)

**Granite State Analytical Services LLC:**  
*Identified by NH in Analyst Column*  
22 Manchester Road, Derry, NH 03038  
[www.granitestateanalytical.com](http://www.granitestateanalytical.com)

### ANALYSIS RELATED NOTES:

- RL: "Reporting limit" means the lowest level of an analyte that can be accurately recovered from the matrix of interest.
- A & L Laboratory / Granite State Analytical Services LLC / Nashoba Analytical LLC. accreditation lists can be found on our websites listed above.
- Subcontracted samples will be identified by the Accreditation number of the subcontract laboratory in the analyst field for each analyte and the appropriate laboratory will be listed here. None
- Data Qualifiers (DQ) Flags provide additional information in regards to the receipt, analysis or quality control of a sample. These are indicated under the DQ Flags Column on your report and listed here if necessary: Data Qualifier (DQ) Flags: None

### SAMPLE STATE SPECIFIC NOTES:

- The thermal preservation requirement of 4°C for nitrate & nitrite has been waived by the Maine CDC for all samples submitted to the Drinking Water Program.

Additional Narrative or Comments: None

We appreciate the opportunity to provide you with laboratory services. If you have any questions regarding the enclosed report, please contact the laboratory and we will be happy to assist you.

Rebecca L. Labranche  
Laboratory Director



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## CERTIFICATE OF ANALYSIS FOR DRINKING WATER

**DATE PRINTED:** 05/09/2022  
**CLIENT NAME:** Dexter Regional High School  
**CLIENT ADDRESS:** 12 Abbott Hill Rd  
 Dexter, ME 04930  
**METHOD:** EPA 200.8  
**EPA ACTION LEVEL:** 15 ppb  
**MAINE GUIDELINE:** 4 ppb  
**REPORTING LIMIT:** 1 ppb

Legend	
Lead Above 4 ppb	
Lead Above 15 ppb	

**DATE AND TIME RECEIVED:** 04/04/2022 11:00AM  
**ANALYSIS PACKAGE:** Maine Schools-Lead  
**RECEIPT TEMPERATURE:** 20° CELSIUS  
**CLIENT JOB #:** 799

Sample ID #	Location	Sample Type	Outlet Type	Date - Time Water Sampled	Result	Test Units	Pass /Fail	DQ Flag	Analyst	Date - Time Analyzed
2204-00243-001	Lobby Fountain	I	DWF	03/30/2022 06:57AM	50.9	ppb			DR-NH	05/07/2022 03:14PM
2204-00243-002	Café Fountain	I	DWF	03/30/2022 06:34AM	<1	ppb			DR-NH	05/07/2022 03:17PM
2204-00243-003	Boys Locker Room Sink	I	OT	03/30/2022 06:40AM	3.2	ppb			DR-NH	05/07/2022 03:20PM
2204-00243-004	Girls Locker Room Sink	I	OT	03/30/2022 06:41AM	4.4	ppb			DR-NH	05/07/2022 03:23PM
2204-00243-005	Main Office Sink	I	OT	03/30/2022 06:48AM	5.7	ppb			DR-NH	05/07/2022 03:32PM
2204-00243-006	Main Hall Fountain	I	OT	03/30/2022 06:55AM	16.4	ppb			DR-NH	05/07/2022 03:34PM
2204-00243-007	Room 109 Sink	I	OT	03/30/2022 06:51AM	6.1	ppb			DR-NH	05/07/2022 03:37PM
2204-00243-008	Room 109 Bathroom Sink	I	OT	03/30/2022 06:50AM	6.0	ppb			DR-NH	05/07/2022 03:40PM
2204-00243-009	Fountain by 104	I	DWF	03/30/2022 06:42AM	58.1	ppb			DR-NH	05/07/2022 03:49PM
2204-00243-010	Upstairs Fountain	I	DWF	03/30/2022 06:45AM	61.0	ppb			DR-NH	05/07/2022 03:52PM
2204-00243-011	Upstairs Custodian Room Sink	I	OT	03/30/2022 06:47AM	6.8	ppb			DR-NH	05/07/2022 03:55PM
2204-00243-012	Downstairs Custodian Room Sink	I	OT	03/30/2022 06:44AM	8.0	ppb			DR-NH	05/07/2022 03:58PM
2204-00243-013	Kitchen 3 Bay Sink	I	OT	03/30/2022 06:30AM	25.7	ppb			DR-NH	05/07/2022 04:10PM
2204-00243-014	Kitchen 2 Bay Sink	I	OT	03/30/2022 06:32AM	14.6	ppb			DR-NH	05/07/2022 04:12PM
2204-00243-015	Kitchen Bathroom Sink	I	OT	03/30/2022 06:35AM	3.5	ppb			DR-NH	05/07/2022 04:15PM

Rebecca L. Labranche  
 Laboratory Director